

NEWSLETTER

Community Living Ajax-Pickering and Whitby
36 Emperor Street
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Tele: (905) 427-3300

DIGNITY
Winter, 2007

INCLUSION

PARTICIPATION
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Dear Association members:

Our Association continues to develop its reputation for professionalism, effectiveness, and compassionate support. On the services front we continue to lead Durham Region in the development of specialized services and support. Last September we opened our Forest View short-term Assessment and Treatment Home. Shortly after that, we were instrumental in developing a Dual Diagnosis Case Management position in Durham Region with our community partners. We are also working collaboratively to establish a crisis Coordinator position to add to the range of specialized services in Durham region. These are certainly initiatives that we can be proud of.

On the Residential Services front we invested heavily in upgrading our homes to support the changing needs of our residents. We will also in the near future commence planning to support a number of individuals leaving the remaining institutions. Our Residential staff continue to impress with their compassionate support of individuals, often in challenging circumstances. For instance one of our residents, Mr. Bob Stewart sadly passed away last year, however, the care and support provided by the staff ensured that he was able to live and pass on with dignity in a loving environment.

On the Vocational Services front we changed the name of and developed a new focus for the BASE program. The program was rebranded the "Community Employment Program" to emphasize the community based nature of the program and its specific focus on the development of employment opportunities for participants. The program was relocated to Whitby to provide a physical presence for the Association in all of the communities that we represent.

At ARC we completely cleaned up the building and made improvements to the interior environment to make it appealing to all who use the building. ARC also established a transformation plan that included introducing life and skills development to its programming as well as establishing a new committee to increase the feedback of workshops participants in the daily operations of the department. (Cont'd on page 2)

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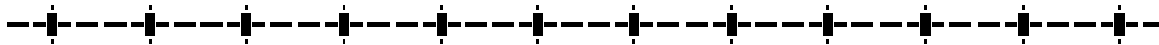


Our Community programming continues to be the most progressive in our region with our staff constantly creating amazing ways for individuals to engage in community life. On the back page of this newsletter you will find a thank you note to our C.P.P. program participants run by Kathy Paton from Private Whitefield, on behalf of our troops in Afghanistan, for the package of goodies they received from Kathy's group.

In the year ahead we will continue to focus on quality improvements to all of our services. We will also embed volunteerism across the Association as this remains one untapped area that we can use to increase capacity and build a stronger relationship with our community.

All Association members are invited to keep bringing issues to the Management Team whenever questions arise. Wishing everyone well.

Paul Rosebush



MANAGEMENT STAFF

Paul Rosebush	Executive Director	905-427-3300	ext. 237
Candy Bridgman	Director Of Projects	905-427-3300	ext. 259
Sue Taylor	ARC Industries	905-683-6732	
Ruth Alambo	Residential Supervisor	905-427-3300	ext. 229
Lena Reilly	" "		ext. 234
John Kaczynski	" "		ext. 259
Wendy Holliday	C.P.P. / C.E.P. Coordinator		ext. 228
Bernie Cork	Family & Childrens Services		ext. 227
Mira Wesolowski	Coordinator - Forest View	905-263-2256	ext. 23

ADMINISTRATION STAFF

Marilyn Flanagan	Human Resources		ext. 235
Tracy Caughey	Payroll & Accounting		ext. 238
Sandy Dorsett	Executive Secretary		ext. 236
Jany's Tavares	Reception		ext. 221
Louise Kitchener	Secretary of Vocational Svcs.	905-683-6732	
Christine Wildman	Behaviour Therapist – Forest View		
Marylou Melville	Administration – Forest View		



THE GIFT OF GIVING

I would like to thank all the people who gave a donation for the family we adopted for Christmas. We were able to buy some wonderful gifts for Sharon and her son Joseph.

On Tuesday, December 19th, I delivered the gifts and it was wonderful to see their reactions. Sharon was almost in shock. she was truly surprised to see all the gifts we placed under the tree. I

would like to share the note I received from them. (Cont'd on page 7).

Thank you once again.
Sue Taylor

On behalf of everyone at Arc Industries

WHAT A DIFFERENCE ONE SINGLE LIFE MADE

On November 14, 2006, Bob Stewart passed away peacefully after several battles with pneumonia.

Bob was a kind gentle soul who touched the hearts of everyone he met. He is greatly missed but his spirit lives on in all of us.

From everyone at Pittmann Crescent

DEATHS

Bob Stewart had a baby boy!

Karen Noiles

Barbara Sheridan

Georgina Archibald

Don Elliott

BIRTHS

Ann Marie



MARRIAGE

Joe and Darlene Durrant





FOOTPRINTS

Footprints is a respite program for families with children 13 years and under who have been diagnosed with Autism Spectrum Disorders. Our mandate is to provide a happy and safe environment which generates the desire to return.

The respite program is geared towards recreation rather than therapy. A wide variety of activities are tailored to the interests and abilities of the children, with a maximum of 4 children in attendance at any time. The selection of toys includes a ball pit, bikes, scooters, riding toys, a sound and music board, a mini trampoline, basketball hoop, soccer nets, plus a fenced-in outdoor play area. Respite time allows parents to pay extra attention to their other children, or to spend some time together, run errands, or have some down time.

Footprints operates each Saturday from 10:00 am to 3:00 pm. We are flexible and happy to have children come for the entire time, or just part of the time. The cost is \$5.00 for which a receipt will be issued.

A fully trained co-coordinator is present at every session. The children are supervised by dedicated volunteers who have submitted clean police checks and have received the following training: Introduction to Autism, First aid and Crisis Prevention and Intervention.

Please check out our webpage at www.footprints4autism.org or contact our Coordinator, Denise at either (905) 420-0388 or (905) 839-7271 to register your child. Our location is in Dunbarton-Fairport United Church at 1066 Dunbarton Road in Pickering.

COOKBOOK

“Our collection of Recipes” cookbook was prepared by the Friday cooking class – Claudia Sierra, Christopher Henshaw, Nikki Sutherland, and Elaine Watts. The cookbooks are \$5.00 per book and you can purchase your book at 36 “Emperor ST Ajax.

“Christina’s Scrapbook Albums”, designed and created by Christina Kennedy are available to purchase for \$2.00 each at 36 Emperor St.
Excellent birthday gift!



**LIFESKILLS ENHANCEMENT GROUP
COMPLETES A SUCCESSFUL
YEAR!**

by Bill I Johnson

On November 30, 2006, the Lifeskills Enhancement class celebrated graduation with a Lasagne lunch in support of the United Way Campaign. The six week course covered public safety, money management, preparing for job interviews, sexuality and health as well as a lunch program. The students selected the curriculum with a focus on independent living. During the lunch, Executive Director Paul Rosebush handed out graduation certificates. The

guest of honour was Jan Whalen from the United Way.

The participants were Seema Narine, Christopher Henshaw, Jeff Parsons, Graham Cowles, Heather Redpath and Ester Papp. Congratulations!





FOUNDATIONS REPORT

Submitted by Lena Reilly.....

2007 kicked off with numerous training courses! The supervisors are learning a new staff scheduling program; quite a challenge I must say, but I think we have a good grasp of it now!

February is a busy month for training at CLAPW with a 5 day training in Personal Outcomes for 12 of our staff and a 3 day workshop in Palliative care. Both of which will provide a great benefit to our agency. A couple of management courses are also happening in February as well as a Suicide Intervention course. Whew...I think that is it for February.

Keep your eyes peeled for memos on upcoming training opportunities as well as notices that your mandatory training in NVCI and First Aid need to be refreshed. Again, I remind everyone to be certain that they respond to the memos by the dates indicated on them – it makes my job so much easier when I don't have to track people down!

As always, if you have any suggestions for future training events, by all means give me a call and I will see what I can do about putting together a workshop on that topic.

Submitted by Chris Bennett.....

This program has been very busy the last few months. We ran a women's group which involved 6 ladies. The women shared experiences and discussed topics such as nutrition, healthy living, skin care and more. The most successful part of this group were the lasting friendships that developed. We also ran a scrapbooking class. The individuals involved learned how to make lasting memories through scrapbooking.

We also enjoyed a successful cooking class at the Loblaws Superstore. There were 18 participants. All individuals cooked a simple dish and then ate their creations.

The Aktion Club was also very busy with their first coat drive. They collected over 80 coats and delivered them to the John Howard Society, the YWCA and the Pinewood Centre. These associations then distributed these coats to people in need.

Great work Aktion Club!



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C.L.A.P.W. is proud of the work Jenine Jarvis, our United Way campaign coordinator, Wendy Holliday and our fund raising team has achieved by running a successful fundraising campaign this year. Pictured is Jennine and Wendy with the award they recently received for outstanding Agency support from the United Way. Their exceptional fundraising team include: Bill Johnson, Gail Riley, Chris Bennett, Ann Middlebrook, Kelly Poulin, Joyce Maguire and Kelly Mackenzie Wills.

THANK YOU

C.L.A.P.W. would also like to thank and recognize Shelley and Tom Brown for their generous donation of an organ and gym equipment. The Act I participants have been enjoying the use of the organ and the individuals at Forest View have been getting in shape with the gym.

Thank you for your generosity and kindness.

THE LETTER
FROM SHARON
AND JOSEPH

Thank-You

So much
for help making this
one of the best fulfilling
Christmas's I'm not I could ever fill
(Our) my tree and around the tree as much as you &
jd. Have a ~~very~~ Merry Christmas + a great
one as I'm sure we will. Thank you for going
so far out of your way to put smiles + happy tears
on our faces.

To: Our Sponser s

Merry Christmas



Wishing you good times, good friends,
and a world of holiday happiness.

LOVE
♡

Sharon +

Joseph (age 4)

Sending hugs of
Thank-you
your way

(LUKE) - we believe Jesus is the reason 4 the season.

(Autism, Epilepsy, Tuberculosis
seizures
Cerebral)

Thank-You
4 all ur blessings