Caregiver Change-of-Circumstances Worksheet

A practical worksheet for individuals and families navigating adult developmental services in Ontario.

Use this worksheet to organize important changes before contacting DSO. This is not an official DSO form. Contact DSO directly to report changes and ask that your file be updated.

Individual's name

Date of change / when concerns began

Nature of the change (check all that apply)

- [ ] Caregiver health or reduced caregiving capacity
- [ ] Increased medical, behavioural or safety needs
- [ ] Housing instability or risk of homelessness
- [ ] Loss of school, employment, programs or other supports
- [ ] Other significant change

What has changed?

How does this affect daily life or the family's ability to provide support?

What are the risks if additional support is not available?

What help or next steps are you requesting?

Follow-up: Date DSO contacted: _____ Person spoken to: _____
Ask whether a formal update, reassessment or urgent response referral is appropriate. For immediate danger, call 911.